

MBS Listings

Exhibitors booked for our Newtown event on 17th April 2010.

Barbara Clooney. Hand made greetings cards.

Contact via TSC

Crystal Gardens. Crystals, crystal products & singing bowls.
Tel. 01299404157

Fairy Realms. Faerie illustrations cards & figurines.

URL: www.fairyrealms.co.uk

Forever Living. Aloe Vera natural healthcare products.

Email: aloerobert@googlemail.com

The Healing Garden. Taster zone massage therapies plus gift stall.

Mob: 07873187320

Hocus Pocus. Maggie Moreton & Eunice Doyle Tarot readers.

Email: morticiahocuspocus@sky.com

Marjorie Jones: Herbal products and oils.
Contact via TSC

Mercurius press. Magical cards, prints, watercolours & books

Email: f.m.nottingham@aol.com

Penycoed Healing Centre. Digeridoo sound healing and products & Reiki. URL: www.didgeridoohealing.co.uk

Purple Sapphire. Aura photography, colour & crystal therapist.

Email: lorna.start@tiscali.co.uk

Suzanne Horobin. Reiki therapy & Indian Head Massage.

Email: horobinsuzanne@yahoo.com

Time for You. Taster massage treatments.

URL: www.timeforyou88.co.uk

Trina Buchan. Tarot Readings, Herb cushions and other crafts

Email: trina.buchan@btinternet.com

And of course *The Simmering Cauldron* will be there!

NB the above are independent practitioners and are in no way connected with TSC

Our Diary for March, April & May

During this period we will be attending our regular market stalls in Welshpool and Newtown on Mondays and Tuesdays respectively. Additional events, are listed below.

Saturday 20th March	Spring MBS Fair, Crosby Civic Hall, Merseyside
Sunday 28th March	MBS Show, Theatre Clywd, Mold, North Wales
10th & 11th April	Mystic & Earth Spirit Fair, Bath
Saturday 17th April	Newtown Mind Body Spirit Fair, Monty Club
24th & 25th April	MBS Fair, Nantwich, Cheshire
Sunday 2nd May	MBS Fair, Memorial Hall, Oswestry
Saturday 8th May	PF Spring Conference, Leek, Staffordshire
Saturday 15th May	Spirit of the Seasons Fair, Northwich, Cheshire
Sunday 16th May	MBS Fair, Ellesmere, Cheshire
Saturday 29th May	Esoteric Conference, Assembly Rooms, Ludlow



Ostara 2010

The Simmering Cauldron Stall Newsletter

Check our website for the current moon phase

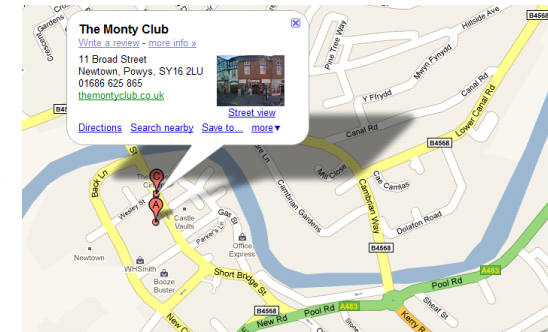
Not long till the *NEW* Newtown Mind Body Spirit Fair

This year's Newtown MBS has moved to The Monty Club in Broad Street and takes place on Saturday 17th April.

We are very pleased with the range of exhibitors this year which includes Aura Photography, Sound Healing, Crystal Healing, Reiki, Tarot Readers, Massage Therapy, Herbal Products and advice and a range of great stalls. More details about exhibitors can be found on the back page.

The event is a great opportunity for a day out in Newtown, come to the Fair, saunter the streets of independent shops, have lunch, and visit the Fair again.

More information can be found at:
www.thesimmeringcauldron.co.uk/mbs.html



Where to find the Monty Club

Welshpool Market Village open

The 'new' Welshpool indoor market is to be officially opened on Saturday 27th March. The building work, ongoing since October, will result in a 'market village' with a mixture of 'shop units', plus canopied and traditional 'open' stalls. It is planned that the shops will be open for six days a week whereas stalls will attend on one or more days as now.

The Simmering Cauldron wishes the new venture every success and looks forward to a revitalised market.

Advance Diary dates
Welshpool Mind Body Spirit Fair
Saturday 18th September
Mystic Alley, Montgomery
Sunday 12th December

Tree Essences

Having been asked for vibrational remedies, we have bought in a small stock of tree essences. These remedies work in the same way that Bach flower remedies do. Each essence carries its own unique energy signature. Taking the essences helps us attune to these signatures. These can have a profound impact on our overall well-being. They can help overcome the emotional; patterning that may damage our health. The essences work at an emotional level, encouraging a positive, happier outlook. It is now widely recognised that emotional and physical aspects of health are inextricably linked.

It is possible to use more than one essence simultaneously and most people feel a positive benefit straight away, however, they can also work to achieve long term positive changes. Used for long periods – a few months – they may support a profound sense of growth. Simply add a few drops to a small glass of water and drink two to three times a day, or a few drops can be placed under the tongue as needed.

Briefly the remedies currently in stock are:

- Alder* reduces stress & tension
- Beech* encourages self-expression
- Hawthorn* allows love trust and forgiveness to develop
- Horse- Chestnut* encourages empathy and intuition

Oak assists emotional growth and expansion.

Rowan encourages integration

Silver Birch enables one to see beauty and harmony

Sycamore banishes heavy moods and sluggishness.

Willow cleansing and clarifying.

Yew protective; helps focus in the present.

Essences are created by a founder member of the British Flower and Vibrational Essences Association. More detailed information can be found at the stall.

Website changes

Have you noticed the new front page on our website? The last one got mixed comments so what do you think of the new one? The idea is to make it more obvious how to move on from the page as well as including introductory information about each section of the site.

Keen observers will have also noticed the changes to the 'On-line' stall pages with new product sections.

Website comments, good or bad, are always welcome

Advertorial?

If any practitioners would like to place an advertorial (promotional article) in the newsletter please contact Tony.

Is spring finally here?

In the last newsletter I included a visualisation for Imbolc in which the first signs of spring were observed. How optimistic was I? As I write this, the Spring Equinox is days away and at last the roadside hedgerows are filling with snowdrops, and night temperatures are staying above freezing. But beware!

'Ne'er cast a clout till May be out'

This old English proverb, first cited in 1732, probably existed in word-of-mouth form well before that. The word 'clout', since the early 15th century, meant a fragment of cloth, or clothing'. So the meaning is simply 'never discard your (warm winter) clothing until the month of May is ended or alternatively the May Tree is in blossom'.

Have a great Spring but keep warm.

Do you get your Newsletter via email?

If you don't already receive our Newsletter, email Tony with the message 'Newsletter please.'
tony@thesimmeringcauldron.co.uk

All major debit and credit cards accepted at the stall



The latest Damh the Bard CD 'Tales from the Crow Man' is now on the stall.

This Album, unlike his previous releases, is mostly modern interpretations of classic folk songs. They are songs that were transmitted through word of mouth, songs of the lower classes and music with no known composer.

It's a great collection which really benefits from a few listens to fully appreciate the depth of meaning in the songs



Spring Cauldron Card offer

FREE

Jute shopping bag*

when spending over £10

- *Offer valid while stocks last
- *Limited to one per customer

Also available to purchase at only £1.50 each

If you haven't got a Cauldron Card ask for one the next time you are at the stall - it's free!

Save on entrance fees to our events as well as Cauldron Card special offers and rewards