

www.thesimmeringcauldron.co.uk

MBS (Welshpool) listings

Exhibitors who have made advance bookings for the event on 18th Sept.

Barbara Clooney. Hand made greetings cards.
Contact via TSC

Sonictransmission. Voice, acoustic sounds, meditation and hands on healing.
URL: www.sonictransmissionoccupationalound.com

Fairy Realms. Faerie illustrations cards & figurines.
URL: www.fairyrealms.co.uk

Forever Living. Aloe Vera natural healthcare products.
Email: aloberbert@googlemail.com

Hocus Pocus. Maggie Moreton & Eunice Doyle Tarot readers.
Email: morticiahocuspocus@sky.com

Julie Pritchard. Arts and Crafts including Herb cushions and other crafts.
URL: www.arts-engine.org.uk

Mercurius press. Magical cards, prints, watercolours & books
Email: f.m.nottingham@aol.com

Penycoed Healing Centre. Digeridoo sound healing and products & Reiki.
URL: www.didgeridoohealing.co.uk

Time for You. Taster massage treatments.
URL: www.timeforyou88.co.uk

Trina Buchan. Tarot Readings, Email: trina.buchan@btinternet.com

And of course *The Simmering Cauldron*

Our Diary for June & July

During this period we will be attending our regular market stalls in Welshpool and Newtown on Mondays and Tuesdays respectively.

Additional events, are listed below.

Saturday 26th June	MBS Festival, Civic Hall, Crosby, Merseyside
Sunday 27th June	MBS Fair, Glyndwr University, Wrexham
2nd - 4th July	North Wales PF Camp, Wrexham
9th - 11th July	Healing Weekend, Highbridge, Somerset
17th & 18th July	Country & Western Show, Powys Castle, Welshpool

Current Cauldron Card offer

FREE Gemstone bracelet

when spending over £5

**Offer valid while stocks last*



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The Simmering Cauldron Newsletter

Summer Solstice 2010

The biggest dolmen in France is for sale!

While we were in France this summer we discovered this amazing neolithic site. It is situated in the garden of a cafe near to the centre of the Loire city of Saumur, and it's for sale along with the cafe and a 63 sq.m flat.

The dolmen measures 23 metres long with the single chamber measuring 18 metres. The dolmen has been excavated several times but little has been found except three polished axes and a piece of flint knife in the dolmen yard. Consequently, accurate archeological information is sadly lacking! Perhaps if we won the lottery.....! There is a website www.sauhur-dolmen.com and if you are interested then contact Sylviane and Pascal Normand on +33 (0)2.41.50.23.02 . Fax: 02.41.50.54.26 or email: contact@sauhur-dolmen.com



How was the solstice for you?

We always seem to get it wrong - this year we saw the sun rise in Saumur and set in St. Mere Eglise with a day of driving in between! However we had a very pleasant evening, a mini altar near the tent, a barbecue not so close to the tent and a tree full of mistletoe just opposite.

We hope yours was good - at least the mid point of the year was blessed with fabulous weather.

Dates for your Diary
Welshpool Mind Body Spirit Fair
Saturday 18th September
Mystic Alley, Montgomery
Sunday 12th December

Advertorial

Sonictransmission

Hi my name is Emma Kidd from Sonictransmission. I run occupational interactive sound workshops which use voice and percussive instruments for health and educational purposes. The workshops are for the general public and for schools and hospices where they help people deal with pain and illness. They seek to make learning fun and the brain more receptive to input so there is lots of merriment, relaxation and healing.

Examples workshops are:

Basic sound / body and mind healing workshop; Participants join in and have fun using their voice and have fun playing with some percussive instruments, learn a few chants and experience a sound bath or two. Some gentle body work is also included.

Chakra toning workshop; Includes learning about the different sounds that work with each of the chakras to aid overall health and balance.

Rhythm and Voice workshop; This involves working with different rhythms and the voice to feel different states of being.

Vizualisation workshops; The techniques included in these workshops are 'Golden sunflower organ cleansing', 'Flight of freedom mind releasing' and 'Neural light pain relieving and nerve mending.

I also run Shamballa Reiki workshops, from beginner through to teacher level, and last but not least, my own forms of therapy which are Muscular resolution and Metamorphosis healing. Muscular resolution is a gentle form of hands on therapy using palpation of the joints and muscles with voice toning. Metamorphosis healing is a transformational form of healing utilising sound crystals.

I have spent most of my life working with hands on healing and sound. At the age of ten, I started helping people suffering from bad backs and shoulders. I think it is important to maintain an active body and mind to achieve overall health of body, mind and spirit. My personal interests are, singing (folk being my favourite), martial arts (for discipline and fitness), climbing mountains (for a feeling of exhilaration and freedom) and last, but not least, teaching and healing with enthusiasm and love.

I hope this gives an insight into my work and maybe I will see you soon at a MBS fair, workshop or in a treatment room. Have fun and become yourself!

Emma

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Welshpool Mind Body Spirit Fair

Saturday 18th September

We are starting to turn our attention towards the next Mind, Body and Spirit Fair in Welshpool in September. Already a number of practitioners, psychics, tarot readers and stallholders have booked places and we have had enquiries from many more.

We always try to ensure a balanced event, so inevitably some exhibitors will end up disappointed, but we would rather have a little of everything than too much of one thing.

As always, once you have paid your entrance fee (a modest one by most standards) all the talks and demonstrations are free to attend. We are working on the programme for these at the moment. Emma Kidd who has placed an article describing her work in this newsletter, will be offering a sound healing workshop. This proved very popular at the Newtown event and was thoroughly beneficial to all those who attended. Other items of interest on offer, although these are yet to be confirmed are a talk on how to read the Tarot and a Tai Chi demonstration/workshop. Chris Thorn will also be playing didgeridoo and will be available for healing sessions. We'll keep you updated as talks are confirmed and you can always check the website for the latest information

Come along for the day and find out what's on offer in your area as regards alternative therapies, talk to the practitioners and sample some taster treatments. Remember, with your Cauldron Card, admission is at a reduced rate!



Our recent shopping lists included:

Ashcatchers
Books
Boxes
Fairies
Stick incense
Bookmarks
Buddhas

Dragons
Green men
Oil burners
Tarot
Cauldrons
Spell candles
Altar cloths

There's always something new at TSC

Would you like an advertorial in the Newsletter?

If any complementary businesses would like to place an advertorial (promotional article) in the newsletter please contact Tony.

tony@thesimmeringcauldron.co.uk

All major debit and credit cards accepted at the stall

